



March 17, 2020

Dear Ardenwoods Resident:

I have been keeping you updated on the daily state reporting not to frighten anyone but because I think accurate information is important and gives us all perspective. There are 40 cases in NC in 16 counties with none reported thus far in Buncombe or Henderson counties.

Our restrictions in independent living went into effect this morning and apply to **all buildings** at Ardenwoods. Visitors are not allowed in the apartment buildings or the clubhouse. Health professionals like home care aides, therapy, and Doctors Making House Calls are being screened and they are providing care. Necessary deliveries and facility maintenance contract work will continue, with all people being screened and their movement limited to only necessary areas.

I want to address Ardenwoods residents leaving property. The NC DHHS has been very serious in their cautions about seniors staying put. We are not currently quarantined or locked down- the gate is not locked. I cannot prevent you from driving off property, but per state recommendations I certainly discourage it. Every outside exposure that you place yourself in also increases exposure to your neighbors. If you decide to leave and go stay with your family during this situation, you must check in with our Wellness Navigator to be screened in order to return. We will need to have information about your contacts and travel and you may be subject to 14 day self-isolation protocols. Visitation back and forth with family increases risk for everyone and certainly diminishes the effectiveness of the state directives.

Attached to this letter is your menu for tomorrow-Wednesday. If you choose to have a lunch delivery please return your menu to the order receptacle found in the common area of your floor by 10 a.m. Dinner orders should be turned in to the same place by 2 p.m. These are not normal dining circumstances and it is my sincere hope that they will not go on for a long time, but while they do, we have to keep it simple. We are already providing significantly more options than other communities in this situation and we ask for your cooperation and not make special requests or orders. We are aware of residents with special dietary needs and we will certainly accommodate those.

Thanks for your understanding,

Pam Pate
Executive Director